



Procedure for change of Training Therapist or Supervisor

1. Therapy or Supervision ended by mutual agreement

You are required to inform your Course Tutor.

A letter is to be sent to the Chair of the CTC advising of your intention to end therapy or supervision, mutually agreed to, and the date of the planned ending;

The CTC will discuss and ratify this at its next meeting after receipt of this letter;

Where you are changing Training Therapist you will need to have a new Referral Interview.

Where you are changing supervisor you will discuss finding a new supervisor with your Course Tutor.

The CTC must approve your new Training Therapist or Supervisor;

Normally only one change of Training Therapist is permitted during the training.

2. Therapy or Supervision ended when difficulties present

You are required to inform and discuss with your Course Tutor the possible ways forward., A letter should be sent by you to the Chair of the CTC advising of the situation and the fact you have discussed it with your Course Tutor;

Sufficient time must be given to try and work the issues through - ie at least one term. Your Course Tutor should be informed of your final decision;

If there is irreparable breakdown then the CTC must be informed by letter from you and your Therapist;

The CTC will discuss your wish to change Training Therapist or Supervisor and will ratify this at their next meeting after receipt of your letter;

Where you are changing Training Therapist you will need to have a new Referral Interview.

Where you are changing supervisor you will discuss finding a new supervisor with your Course Tutor.

The CTC must approve your new Training Therapist or Supervisor;

Normally only one change of Training Therapist is permitted during the training.

NB all trainees must remain in therapy until Registration.